PRATHAM BOOKS
A Book in Every Child's Hand

કાચી કેરીની જાળવણી

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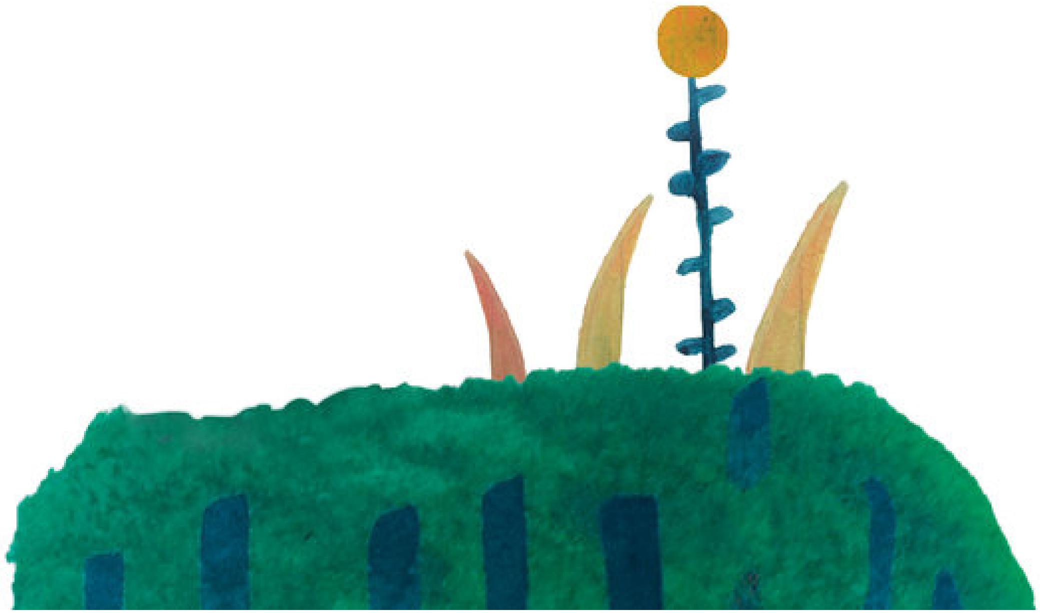
વાચન સ્તર ૧

હાશીમને કાચી કેરી બહુ ભાવે.
ખાટી ખાટી.
આ ઉનાળે કેરીઓ બગડી જવા આવી છે.



બાપુએ હાશીમને સમજાવ્યું કે કેરીમાંથી પાણી નિતારી લઈએ તો એ ન બગડે.

એમણે કહ્યું : “કીટાણુ પાણી વગર જીવી શકે નહીં.”

હાશીમને સવાલ થયો : "કેરીમાંથી પાણી કેવી રીતે નિતારી લેવું?"

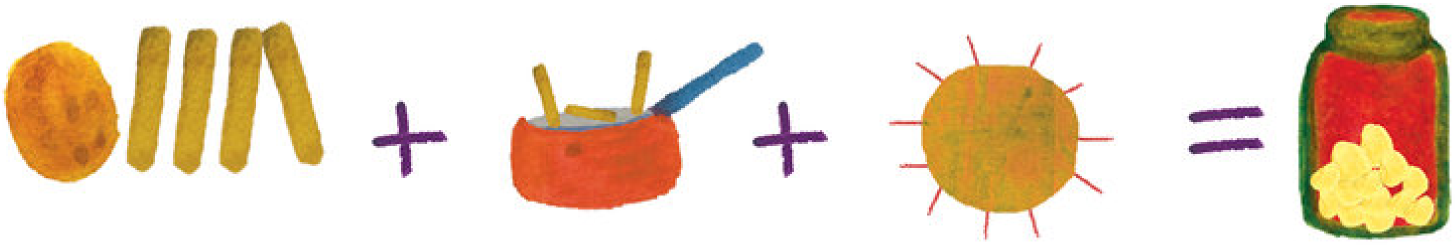
"તેમાં મીઠું ઉમેરી દેવાનું!" બાબાએ કહ્યું.

પછી બાપુએ અને હાશીમે કેરીઓ તડકે સૂકવી.

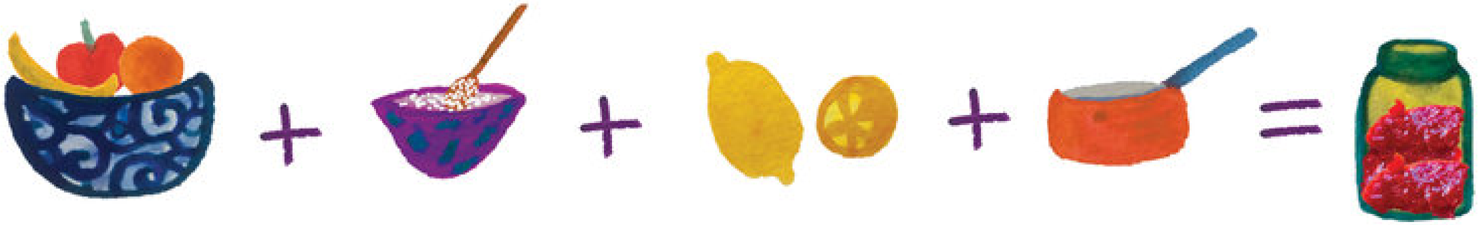
પછી કેરીને એક બરણીમાં મૂકી તેમાં થોડું તેલ ઉમેર્યું.
તેલ કીટાણુને કેરી સુધી પહોંચવા દેતું નથી.

“બાબા, આપણે અથાણું બનાવ્યું, નહીં?” હાશીમ બોલ્યો.

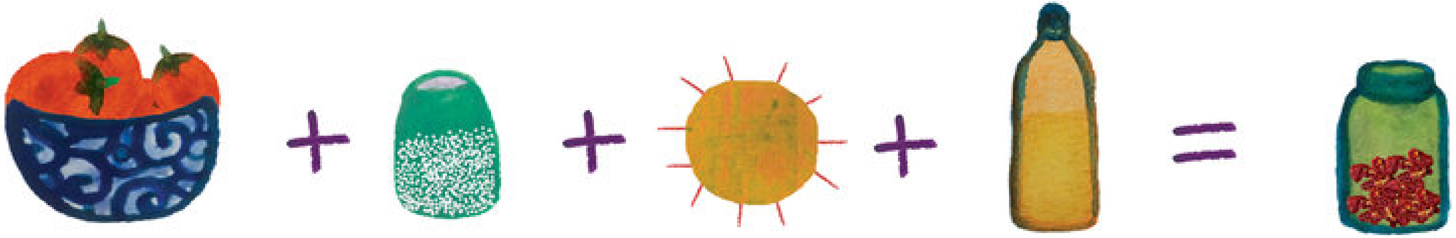
આપણાં મનપસંદ ફળો અને શાકભાજીને
કેવી રીતે જાળવીશું?



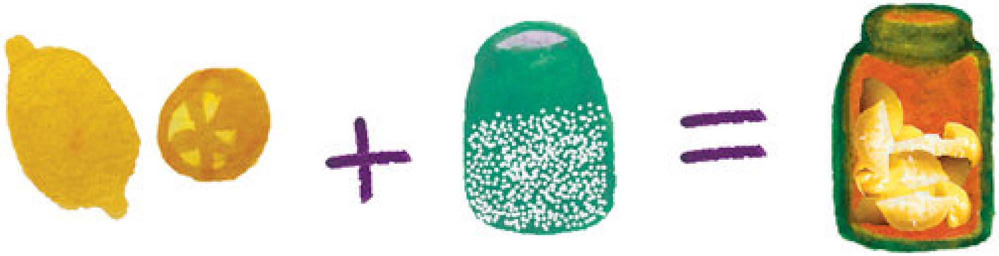
કોઈ પણ ફળ + ખાંડ + લીંબુ + ઉકાળવું = જામ



બટેટાની ચીર + બાફવી + સૂકવવી = બટેટાની કાતરી
(તળીને ખાવા માટે)



ટમેટાં + મીઠું + તડકો + તેલ = સૂકવેલાં ટમેટાં



લીંબુ + મીઠું = લીંબુની જાળવણી

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કાચી કેરીની જાળવણી

(Gujarati)

હાશીમને કાચી કેરી બહુ ભાવે. અત્યારે ઉનાળો ચાલે છે તેથી તેને ખૂબ કેરી ખાવી છે. પણ કેરી તો બગડવા માંડી છે. હાશીમ શું કરશે?

પહેલા સ્તરની આ ચોપડી વાંચવાનો આરંભ કરવા ઉત્સુક બાળકો માટે છે.

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